



The Y'S OBSERVER

JULY 2020

NEWSLETTER OF THE CENTRAL Y SERVICE CLUB, HAWAII REGION,
US AREA, Y SERVICE CLUBS INTERNATIONAL

Officers 2019-2020

President: Troy Tomita
VP: Phil Sammer
Secretary: Jennie Scott
Treasurer: Rick Lau

Other Club Members:

Garret Ho, Gary Bautista, Roy Tateishi

Club Service Directors:

ASF/BIDFS: Phil Sammer
Brother Clubs: Garret Ho
Community Service: Rick Lau
Christian Emphasis: Gary B.
Membership/Conserv: ALL!
YMCA Liaison: Troy Tomita
Endowment: Troy Tomita
Time of Fast: Phil Sammer
Public Relations: Jennie Scott

Hawaii Regional Director:
Sharon Ishida (Kaimuki)
Hawaii Regional Director-elect:
JoeAnn McCarthy (Windward)
Metro District Governor:
Melanie Ka'aihue-Yoshida (Kalihi)
Metro Lt Gov: Karla Redding
(Windward)
OVG District Governor:
Ken Okimoto (Hilo)

US Area President: Bobby
Stivers-Apiki (Hawaii)
US Area President-elect: Shaju
Sam (North Atlantic)
International President: Jacob
Kristensen (Denmark)
International President-elect: Kim
Sang-chaе (South Korea)
Central YMCA Executive Director:
Troy Tomita

Regional Theme:

Building our Legacy

Y's Words:

*To love and be loved is to feel the
sun from both sides.*

David Viscott, MD

President's Message



I look forward to the start of my term as your club president and hope that we can soon start meeting in person and continuing with our club projects. For the time being, we will continue to meet in the virtual world via zoom. I would like to give a big shout out to the past officers: **Rick, Roy** and **Darryl** for all their hard work in keeping the club on course. Without dedicated members like that, it would be a difficult task. Would also like to thank **Jennie** and **Rick** for stepping up to be part of the new term leadership.

Jennie is taking the role as Secretary and **Rick** is forever being recycled, now as the Treasurer. **Phil** is standing in as Vice President. Although our numbers have dropped, I think that we can still do meaningful work for the Y and the community. COVID has limited many activities, but this too shall pass and we can make an impact in our community as we have for over 20 years. Mahalo *Troy*

Club Activities

The next meeting will be on Monday July 13, 2020 via Zoom from **5pm to 6pm (note time change)**. Phil will send out the email with the link later. Topics of discussion will include possible projects that can be accomplished as quarantine begins to ease as well as membership development. ****DUES ARE DUE**** Rick will report on the amount in July..

Brotherclub News: *Editor's Note; Thought you'd like to know more about our Australian brother club's home: **Bendigo** is a city in Victoria, Australia. Originally a gold rush boom town, it's home to the mid-1900s Central Deborah Gold Mine. Vintage Talking Trams run through the city, providing audio commentary on gold mining history. The Golden Dragon Museum celebrates the area's Chinese heritage through artefacts and artwork. Established in 1858, Bendigo Pottery offers pot-making workshops and ceramics displays.*

July Focus: Membership/Conservation/Extension

As we head into the new YMI year we need to concentrate on Membership Development. We lost several key members who were instrumental in the success of the club this past year and we need to fill the gaps left by their departure. Key to any club's success is interesting and worthwhile projects that attract and retain new faces. Although we are living in a pandemic year we can and must find projects that can be accomplished with a minimum of physical contact. We hope, as the year progresses, the we can return to group activities but, in the meantime, we need to be creative and resourceful in how we approach our main objective: To be of service to the community and the YMCA.

Virus Reminders: Wash hands frequently for at least twenty seconds-plain soap will kill the virus....Try not to touch eyes, nose or mouth....Keep six feet away from others as "social distancing"....Wear a mask in situations where you could possibly transmit the virus to another person or receive it from them...Shaking hands is not recommended...

Humor: More COVID-19 humor: Wearing a mask in your home is now highly recommended, not so much to prevent COVID-19 but to stop eating....2020 the year your trash bin goes out more than you...

CENTRAL Y SERVICE CLUB

Chartered May 27, 1994

c/o Central YMCA
401 Atkinson Dr.
Honolulu, HI 96814

To Acknowledge the Duty
That Accompanies Every
Right.

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Brother Clubs

Seoul Y's Men's Club
Helena YSC (Montana)
Thika Y Service Club
(Kenya)
Kyoto Palace Y's Men's
Club (Japan)
Bendigo Y Service Club
(Australia)

The Mission of the Central
Y Service Club is to
perform group volunteer
work that directly or
indirectly supports Central
YMCA and the community
it serves.

Club meets 2nd Monday
at Central YMCA 5pm

Central Y Service Club
c/o Central YMCA
401 Atkinson Drive
Honolulu HI 96814

News From Y'sdom

Y Service Clubs International (ysmen.org)

Congratulations to incoming IP **Jacob Kristensen** of Denmark who takes office on July 1. Sincere thanks as well to **Jennifer Jones** of Australia as she completes her term.

US Area (yserviceclubsusa.org)

The US Area officer and Regional Director installation was held on Saturday June 27 via Zoom presided by AP **Bobby Stivers-Apiki**. **IPAP Tibor Foki** did the honors which were complete with inspirational readings and videos. APE **Shaju Sam**(North Atlantic) was inducted as well as the new RSDs and RDs including our own **Sharon Ishida**. Outgoing RDs were also honored including **Phil Sammer**, **Terry Bradley** (South Atlantic) and **Sharon Meadows** (Pacific Northwest). We look forward to Bobby's continued leadership in the year to come.

Metro District

DG **Melanie Ka'ahue-Yoshida** is planning to publish the July issue of *Ku'i ka Pahu* soon and is looking for club submissions and reports on happenings. She also has set the next District Meeting to immediately follow the Regional cabinet meeting on November 14, 2020.

Hawai'i Region (www.ysmenhawaii.org)

The club welcomes **Sharon Ishida** as she takes the reins of the Hawai'i Region...for the second time! Sharon's theme for the year is Building our Legacy and she has lined up a great group of RSDs to help achieve her goals. Among them is our own **Rick Lau** who will head up Community Service as well as **Phil** who will be in charge of YMCA Liaison and Historian. Phil is also in charge of Awards, taking over from PRD Eddie Miwa. Sharon has also set the date for the **Mid-Year Cabinet** meeting as Saturday **November 14, 2020** at 10am, hopefully in person and not virtual! Another date to put on the calendar is **May 28-30** for the 84th Hawai'i Region convention.

Calendar of Events

JULY 2020

Emphasis:
Membership/Conservation/Extension
RSD: **Eddie Miwa** (Kalihi)

13 Membership Mtg Via ZOOM 5pm

AUGUST 2020

Emphasis: Community Service
RSD **Rick Lau** (Central)

10 Membership Mtg Central 5PM

Christian Emphasis

Historically, there is a time for everything = Ecclesiastic 1-3, Mathew 6:7. History merely repeats itself. Nothing is truly new. It has all been done or said before. What can you point to that is new? How do you know it didn't exist long ago?

News from the YMCA of Honolulu

We had a healthy and happy turnout of members during our first week of reopening. In an early June survey, members had said the first thing they wanted to do when they returned were Weight, Strength and Cardio Equipment and Machines; followed by Group Exercise and then lap swimming and exercise in the pool. All of these services are available, with Group Exercise classes currently being offered virtually; and scheduled to be offered in Branch, starting July 7. Reservations are currently required in order to maintain proper social distancing and may be made at <ymcahonolulu.org>.

