



The Y'S OBSERVER

AUGUST 2023

NEWSLETTER OF THE CENTRAL Y SERVICE CLUB, HAWAII REGION,
US AREA, Y SERVICE CLUBS INTERNATIONAL

Officers 2023-2024

President: Troy Tomita
VP: Phil Sammer
Secretary: Jennie Scott
Treasurer: Rick Lau

Other Club Members:

Garret Ho, Roy Tateishi

Club Service Directors:

ASF/BIDFS: Phil Sammer
Brother Clubs: Garret Ho
Community Service: Rick Lau
Christian Emphasis: Rick Lau
Membership/Conserv: ALL!
YMCA Liaison: Troy Tomita
Endowment: Troy Tomita
Time of Fast: Phil Sammer
Public Relations: Jennie Scott

Hawai'i Regional Director:
Melanie Ka'aihue-Yoshida (Kalihi)
Hawai'i Regional Director-elect:
Isaac Sakamoto (Nu'uuanu)
Metro co-DGs: Keahi Kaawa and
Nainoa Heaston (Atherton)
OVG District Governor: Vacant

US Area President: Doug Jones
(Pacific SW Region)
International President: Ulrik
Lauridsen (Denmark)
International President-elect: Chi
Ming "Charming" Shen (Taiwan)

Central YMCA Executive Director:
Troy Tomita

Regional Theme:
Building towards the future

International Theme:
Let your light shine.

Y's Words:

*You miss one hundred percent of
the shots you never take*

Wayne Gretsky

President's Message



As some of you may know, I went to Yellowstone National Park over the summer with my family. We had a great time, the park is truly a national treasure. It was nice to be able to go with the entire family, my brother's family and my dad. We saw a lot of wildlife (bison, elk, moose, marmot, badger). The bison were impressive, one walked right around our car on the road. We were fortunate enough to also see a grizzly bear and her 3 cubs. We didn't encounter people trying to pet bison or elk, or getting too close for a selfie. The biggest disappointment was the food.

Very few options, and all of them not too good. When the ramen you bring from home that you are eating in the hotel room is the food highlight, something is messed up.. After coming back, I was talking to one of the Atherton students about it and found out that she has never been to a single national park. Not even our own Haleakala or Volcanoes National Park. I encouraged her to take advantage of our parks. Again, I was glad to be able to spend time with my kids and give them this great memory. *Aloha, Troy*

Club Activities

The club will meet this month again via Zoom to finalize the date for the Week4Waste program as well as other possibilities for club projects...Officers for next year will be the same as this past year. The next club meeting is on Thursday August 10 at 5:30pm HST via Zoom. **Jennie Scott** will email the Zoom link.

Brotherclub News:

Helena YSC reports in *Capital Y-Ze* news that RAY ROBERTS traveled a couple months ago. Ten days with his 3 brothers to the Bermuda Islands. It brought back memories from 6 decades ago when living on an Air Force Base (1961- 1964). He also spent two weeks at brother's House, animal sitting while he went to Iowa to visit a college friend. He says his daughters and grandsons are doing great. The **Bendigo Golden City Bulletin** reported on a Combined Meeting with Kangaroo Flat On the 19th July for our monthly joint meeting with Kangaroo Flat, Peter Cox, President of the Bendigo branch of the National Trust of Victoria, was the guest speaker. He was a councillor for the City of Greater Bendigo for eight years, including a one-year term as Mayor. He describes himself as an activist and advocate for causes that interest him, in particular heritage issues in relation to property.

August Emphasis: Community Service

As was the case with many clubs formed in the early part of the 20th Century, YMI was based on Community Service but in particular those persons served by the YMCA. Founded in 1922, YMI soon blossomed into a world-wide organization yet retained its historical connection with the YMCAs, giving it both a local base and an international scope. **Time of Fast**, our Global Project Fund, enables YMI to have international reach through local clubs which are affiliated with their local YMCA. The original idea was to forego a meal on a given day and donate the cost of the meal to the fund hence the name Time of Fast. One of our best known and successful projects has been the donation of treated sleeping nets to ward off malaria borne mosquitos, especially among young children. An extension of local community service has been the Week4Waste program created a few years ago to deal with the proliferation of trash that plagues our parks, beaches and even the vast ocean. This month we rededicate ourselves to fulfill the mission of our founders!

Humor: Apparently exercising helps you with decision making. It's true: I went for a run this morning and decided I'm never going again.....

News From Y'sdom

Calendar of Events

CENTRAL Y SERVICE CLUB

Chartered May 27, 1994

c/o Central YMCA
401 Atkinson Dr.
Honolulu, HI 96814

To Acknowledge the Duty
That Accompanies Every
Right.

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Brother Clubs

Seoul Y's Men's Club
(South Korea)
Helena YSC (Montana
USA)
Kyoto Palace Y's Men's
Club (Japan)
Bendigo Y Service Club
Australia)

The Mission of the Central
Y Service Club is to
perform group volunteer
work that directly or
indirectly supports Central
YMCA and the community
it serves.

Club meets 2nd Thursday
at 5:30pm via Zoom

Y Service Clubs International (ysmen.org)

The International Council recently accepted Chiang Mai, Thailand as the venue for the 2024 International Convention and plans are now underway to welcome delegates from 8-11 August 2024. The focus will be on creating a unique event of fellowship in a festival atmosphere with hopefully a Youth Convocation as well.

US Area News

Y Service Clubs represented at the General Assembly of YMCAs in Atlanta, GA For the first time since the Covid-19 pandemic, the YMCA of the USA recently hosted the General Assembly of YMCAs in Atlanta, Georgia July 20-23. More than 3,500 YMCA professionals and volunteers from all over the United States as well as multiple other countries gathered to celebrate, learn, network and discover.

Metro District Metro District held its first meeting of the new year via Zoom on Saturday July 29. Aply chaired by co-DGs **Keahi Kaawa** and **Nainoa Heaston**, of the Atherton YSC, the agenda included reports from all Metro clubs, discussion of their upcoming projects and a brief discussion of the upcoming 87th Regional Convention which will be hosted by the Metro District. There was also discussion about the Ignite Membership program which is headed up in the Region by PAP Bobby Stivers-Apiki. It's no secret that most regional clubs are struggling not only to increase member numbers but also to retain those still in the club.

HawaiiRegion(yseviceclubhawaii.org) The regional midyear cabinet meeting will be held at 9am on November 4, 2023 via Zoom.. All members are invited to participate. This is good time to hear what the other clubs have been doing for projects since the convention.....

August 2023

Emphasis: Community Service RSD:
Jaunette De Mello (Kalihi)
10 Club Business Meeting 5:30pm via
Zoom
19 Week4Waste Project: Ala Moana

September 2023

Emphasis: Endowment Fund RSD: **Eddie Miwa** (Kalihi)
14 Club Business Meeting 5:30pm via
Zoom

Christian Emphasis

"I am the voice of one calling out in the desert" – John 1:23
John was a voice for Christ with more than his voice. His life matched his words. When a person's ways and words are the same, the fusion is explosive. But when a person says one thing and lives another, the results are destructive. People will know we are Christians, not because we bear the name, but because we live the life.

News from the YMCA of Honolulu

Announcing the new Y Mobile App:
View class descriptions and schedules throughout our branches. Make reservations for group exercise classes and fitness programs. Access online live-stream group exercise classes so you can work out from the comfort of your home. Use the mobile app to check into our facility!

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